



## WHASC Sleep Disorders Center Post Sleep Clinic Procedure Education

You have just completed your sleep study or sleep clinic procedure at the Wilford Hall Sleep Disorders Center.

### Sleep Clinic Procedures Include:

- In-Lab Sleep Studies
- Home Sleep Study (HST)
- Actigraphy
- Multiple Sleep Latency Test (MSLT)
- Maintenance of Wakefulness Test (MWT)
- Overnight Pulse Oximetry

### Your Sleep Study Results

It may take up to **4 weeks** for your sleep study report to be finalized and uploaded to your electronic health record (EHR) in MHS Genesis.

Once your report is ready, we will need to schedule a walk-in appointment to upload it to your EHR.

**Important: This appointment is solely for uploading your report—it is not a visit with a sleep provider, you do not have to be present.**

### Reservist Patients

- A walk-in appointment will be scheduled shortly after your procedure to ensure the upload can occur before your active orders expire.
- This does not mean the report is finalized or uploaded at that time.

### After your report is uploaded

Once your report is uploaded, a member of the sleep clinic staff will contact you to:

- Schedule a follow-up appointment with a sleep provider if needed.
- Provide guidance on making a follow-up appointment with your primary care manager (PCM) or referring provider. **If your sleep study results are deferred back to your PCM for review, the sleep clinic will notify both you and your PCM through MHS Genesis.** Please feel free to reach out if you have any questions.

Please Note: Due to limited clinic availability, not all patients will have a follow-up appointment at our sleep clinic. Some patients will be directed to follow up with their PCM or referring provider instead.

### Contact Us

If you have questions or concerns, please call the Sleep Center at (210) 292-7129 during regular business hours (Monday-Friday, 7:30 A.M. to 4:30 P.M.). If you reach our voicemail, please leave your contact information and we will return your call as soon as possible.

For a faster and more efficient response, please send us a message via MHS Genesis patient portal messaging pool at USAF Lackland WHASC Sleep Medicine Messaging. <https://my.mhsgenesis.health.mil/>